

WHITEFRIARS SAILING CLUB

Sailing Instructions for Laser 2000 Open Meeting 2010

These instructions supplement the ISAF Rules 2009 – 2012 as required by ISAF Rule 25.

Special Instructions

The safety of the boat and all persons on board and its management including insurance shall be the sole responsibility of the owner/ competitor racing the boat. The establishment of these sailing instructions in no way limits or reduces the complete and unlimited responsibility of the owner/ competitor.

The wearing of adequate buoyancy aids is mandatory at all times whilst afloat. **Wet suits or dry suits do not qualify as adequate buoyancy.**

A Rules

Races will be sailed under the rules of the ISAF, the prescriptions of the RYA, and any rules necessary to conform with requirements of Whitefriars Sailing Club.

B Eligibility

The only eligible boats for this event are Laser 2000 craft and these must conform in all respects to the current Laser 2000 Class Rules.

Boats must have valid certificate with valid buoyancy endorsement (if required by class rules). Entries must be made before the Warning signal. Boats must be helmed only by the person in whose name the entry is made.

C Starting times

Starting time of the first race on Sunday will be 11.00am, unless, at the sole discretion of the Officer of the Day, a later start may be specified. The first race will not start before this, and starts of subsequent races will be indicated on the supplementary course board, or near the Race hut.

D Briefing

There will be a briefing at 10.30, approximately 30 minutes before the start time of the first race.

E Course

The course and number of rounds will be shown on coloured boards arranged in sequence on the rail of the Race hut. It may be shown on the Committee boat, where a Committee boat is used for the start of the race.

Each racing mark on the lake has a number or letter and these are shown with a red or green background indicating port or starboard (see course diagram). Letter "S" indicates that the outer distance mark is a mark of the course.

The number of rounds is indicated on a white board.

A supplementary diagram may be used to assist competitors, but the course shown at the start line has priority.

F Starting and Finishing Lines

The lines are defined as either:

- a) The transit of the Race hut flagstaff and the diamond transit pole, or
- b) The line between the Committee boat mast and a prescribed mark.

The length is controlled by the outer distance mark and inner distance mark (if used).

G Flights

There will also be club racing. The Laser 2000 Class will start 5 minutes after the club racing unless otherwise instructed by the PRO.

H Method of Starting

The signals for starting the races will be as specified in ISAF Rule 26.

Signal	Flag	Sound	Timing
Warning	Class	1 sound	5 mins
Preparatory	P	1 sound	4 mins
One Minute	P down	1 long sound	1 min
Start	Class down	1 sound	0 min

I Recalls

Recalls will be in accordance with ISAF Rule 29, but the relevant Class flag may be used at half mast instead of Flag “X” being used for Individual recall.

If there is a General recall of a flight, the offending flight will restart at the end of the complete starting sequence.

J Shorten course

Shorten course is indicated in accordance with ISAF Rule 32. The race may be finished at the finishing line or at any intermediate mark.

K Time limit

Boats which have not finished within 20 minutes of the first boat shall have deemed to have retired.

L Alternative penalties

Penalties for rule infringements are specified in ISAF Rules 31.2 (360 degree turn) and 44.1 and 44.2 (720 degree turn).

M Protests

Hopefully, any disputes on the water can be sorted out with a mediator following racing, with the disagreeing parties agreeing to be bound by the decision of the mediator, who will be assigned by the PRO.

However, if there is serious damage or injury, a protest will need to be logged.

The Principal Race officer must be informed of an impending protest immediately the helmsman comes ashore after the race. The completed protest form must be submitted to the Principal Race Officer within 30 minutes of that time. The PRO will inform the parties when and where the protest hearing will take place.

N Scoring system

This is on the basis of 3 races. There will be no discard. The scoring system is as outlined in ISAF Rules Appendix A2 and A4.1 Low point system.

O Amendments

These instructions may be amended during the pre-race briefing, or by a notice on the course board in the clubhouse or outside the Race hut.